



Training &
development for
**POSTGRADUATE
RESEARCH STUDENTS**
2023-24

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CENTRE FOR DOCTORAL STUDIES

Our mission is *equipping research students to excel.*

We are a university-wide professional services centre with responsibility for the postgraduate research student experience.

Our four priorities are:

- Support – providing timely, relevant and useful information
- Funding – growing and resourcing research students
- Training – offering high quality personal, professional and career development opportunities
- Community – nurturing a collaborative and welcoming environment for all research students We are a university-wide professional services centre with responsibility for the postgraduate research student experience.

kcl.ac.uk/doctoralstudies

Navigating your doctoral development

This brochure contains highlights of our extensive programme of opportunities. Designed to complement what's offered by your faculty, school or department, these activities can help make you more efficient and effective in your research, and prepare you to thrive in your future career. Taking time out to develop a new skill can also refresh, motivate, and connect you with other postgraduate research students (PGRs) and research staff.

Identifying your training needs

You will develop an extraordinary range of skills during your doctorate. The training themes outlined here can provide a starting point for considering:

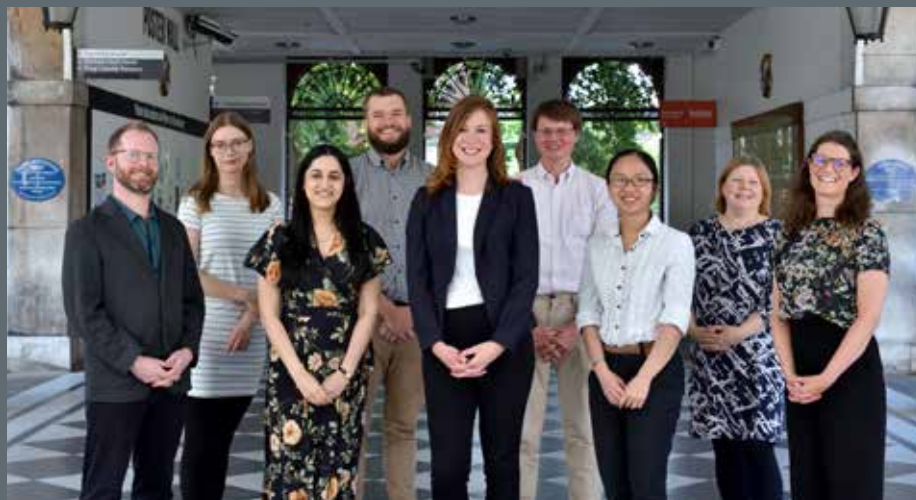
- What skills and experience are you bringing to your research?
- What areas do you want to develop further?

You should discuss your evolving training and development needs with your supervisor several times each year. You can also get ideas from your peers and colleagues – what training have they found particularly useful?

Support that works for you

Over the following pages you can learn more about our three delivery formats:

- Live interactive workshops and webinars
- Online, on-demand training
- One-to-one personalized, confidential sessions



The Doctoral Student Environment & Development team



Eager to get started straight away? Our Doctoral Phases framework suggests opportunities that may be particularly useful when you're starting out, and lets you look ahead to plan future activities.

Live interactive workshops

Whether in-person or online, live workshops can offer a great opportunity to connect with other researchers. We aim to provide a stimulating and inclusive environment for everyone who attends our events, and to remove barriers to participation and engagement wherever we can.

Virtual and in-person sessions

We recognise that for many researchers, online content and virtual workshops are the most accessible way to participate. As a result, most of our live workshops are delivered online via Zoom or Teams.

For PGRs who prefer to participate in-person, additional on-campus versions of many of our workshops are scheduled throughout the academic year. By offering both options we hope to maximise flexibility to meet the needs of our PGR community.

How to book - SkillsForge

- Register for live workshops by logging into **SkillsForge** using your King's username and password.
- Each workshop has a course code (eg PGR101) which you can enter into the search bar to find and register for a specific course.
- Select 'Book a place on a course or event' to browse the full range of courses available to you.
- Full joining instructions will be emailed to you in advance of each session.

Where there is high demand for a course, we try to respond by scheduling additional sessions. If a workshop you are interested in is fully booked, we'd encourage you to join the waiting list, as this helps us identify and respond to demand.

Course dates

Courses are opened for registration one term at a time. Bookings for 2023–24 will open on the following dates:

- Monday 4 September 2023 for the Autumn term courses (October to December 2023)
- Monday 4 December 2023 for the Winter term courses (January to March 2024)
- Monday 4 March 2024 for the Spring term courses (April to June 2024)



Browse the full range of live workshops available to you at training.kcl.ac.uk

On-demand training

Getting the right training at the right time is an important part of your doctoral journey. That's why we are continually focused on expanding the on-demand training opportunities available to you.



With on-demand training, you can choose your own learning path – whether that is working through a course in order, or dipping in and out of modules.

We have partnered with academic publishers to give you free access to their extensive library of self-paced online courses. And new courses created specifically for King's researchers are regularly added to KEATS, the King's virtual learning environment.

KEATS

Using our in-house expertise, we have created courses specifically for King's PGRs in the PGR Core Library. Highlights include Doctoral Essentials, Efficient and Effective Academic Reading, and the Wellbeing Toolkit for PGR Students.

Nature Masterclasses

Highlights include: scientific writing and publishing, collaboration, managing research data, grant writing, statistical analysis, and more.

Sage Campus

Over 30 online courses available, covering topics such as data literacy (statistical significance, data visualisation), data science (R, Python), research skills, and publishing.

LinkedIn Learning

Everyone at King's has free access to LinkedIn Learning and their library of 16,000+ courses covering a broad range of technical and professional skills.

Selected highlights from these platforms can be found in the Key Themes pages below, with more extensive highlights included on each theme's webpage. Once you have created your free accounts you can also browse each platform individually to explore their full range of content.



Get access to your full range of on-demand courses

One-to-one support

Choosing, planning and creating your career

The Researcher Careers team offer confidential, one-to-one advice sessions to all postgraduate research students, with appointments offered both online and in-person that will help you understand and articulate the value of your doctorate.

You may just be discovering what's out there – in or out of academia – or perhaps you're focusing on a couple of ideas, or even taking action to get applications in for jobs you want. Our careers consultants for researchers are committed to helping you whatever stage of career planning you are at.

Book an impartial, confidential appointment with the team – visit **King's Career Connect** and select 'PhD & Research Staff Appointments'.



Anna Favalessa
Careers Consultant
anna.favalessa@kcl.ac.uk



Donald Lush
Careers Consultant
donald.lush@kcl.ac.uk



Laura Johnson
Careers Consultant
laura.2.johnson@kcl.ac.uk

*The one-on-one advice sessions, and interview practice with **King's Career Consultants** helped me successfully apply for a 4-month internship with the United Nations. The Careers Consultants were patient and supportive and I learned really helpful networking and CV building skills through workshops. **Shreyasi (Shree) | Geography***



One-to-one support

Improve your writing

We host two Royal Literary Fund Writing Fellows, Miranda Seymour and Alex Wong, who can help researchers from any discipline improve and refine their writing skills. Both professional writers, they can offer support with...

- Thesis organisation and structure
- Accurate grammar
- Overcoming writer's block
- Punctuation
- Fluent academic style
- Summary skill
- Literature reviews
- Correct use of idiom and register

One-to-one tutorials are available from Tuesday to Friday every week during term time. To request a tutorial with a writing fellow, please contact one of them directly using the following details.



Miranda Seymour

miranda.seymour@rlfeducation.org.uk

Appointments available Tuesdays & Wednesdays (term-time)



Alex Wong

alex.wong@rlfeducation.org.uk

Appointments available Tuesdays & Fridays (term-time)

*The CDS has an incredible variety of workshops that anyone can benefit from, no matter what you're studying. I've participated in quite a few across numerous topics, including **Poster Presentation, Time Management for Researchers, Preparing for the Upgrade, and Induction Training for PGR Reps.** I've found them all very helpful and will continue to sign up for more throughout my time at King's. **Alexandria | Cancer & Pharmaceutical Sciences***



Identifying your priorities – Key Themes

3 MODES OF DELIVERY



1 Live interactive workshops and webinars

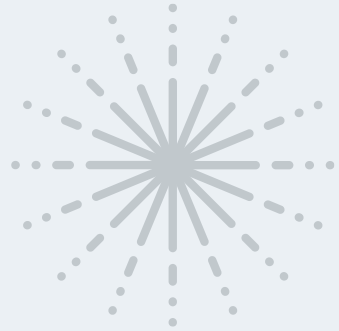


2 Online, on-demand training



3 One-to-one, personalised, confidential sessions

8 KEY THEMES



Our activities are arranged into eight key themes to help you identify your individual development priorities. Under each theme you will find live workshops and webinars delivered by our expert trainers, and on-demand content that can be accessed online at any time.



DOCTORAL ESSENTIALS Understand and navigate your doctoral journey.



NAVIGATING YOUR CAREER Explore your options and develop your employability.



THRIVING IN YOUR RESEARCH Cultivate healthy, efficient and effective professional practices.



CULTURE, ETHICS AND COMMUNITY Build collaborative, inclusive and ethical research cultures.



RESEARCH METHODS AND DATA SKILLS Develop knowledge to collect, manage, and analyse your data.



SPEAKING AND PRESENTING Communicate your research confidently to different audiences.



ACADEMIC READING AND WRITING Engage with the literature and produce your own research.



PUBLISHING AND GENERATING IMPACT Demonstrate your contribution within and beyond academia.



This year was my last chance to take part in the 3MT and I'm so glad I did! It has truly been a fun experience, not to mention, thought-provoking in terms of the way it encourages you to think about how to communicate your work. I would strongly encourage anyone who is thinking about it to take part next year! **Curie | Basic & Clinical Neuroscience**

Key themes

DOCTORAL ESSENTIALS Understand and navigate your doctoral journey**HIGHLIGHTS – LIVE WORKSHOPS****The Seven Secrets of Highly Successful Research Students**PGR₂₃₇

Find out what doctoral researchers do to finish on time, overcome isolation, doubt and writer's block, and enjoy the process, while spending time with family and friends and perhaps even having holidays.

Getting the Best from your SupervisorPGR₃₂₄

This course will help you to understand your supervisor's perspective and expectations and will highlight areas for autonomy and supervision throughout a doctoral journey. Learn how to be assertive and persuasive in the way that you communicate with your supervisors to achieve mutually beneficial outcomes.

Writing up the Thesis...in the SciencesPGR₁₀₃

How do you maximise your chances of getting to that all important job interview? In this webinar we'll show you how to write persuasive job applications that get your potential employers interested in meeting you in person.

Writing up the Thesis...in the Arts, Humanities & Social SciencesPGR₁₀₄

These courses are for research students who are entering the writing-up phase of their doctorate. In addition to addressing key questions about the structure and content of a thesis, it will also explore writing strategies and how to cope with 'writer's block'.

HIGHLIGHTS – ON-DEMAND COURSES**Professional Skills for a Globalised World**

KEATS

In the modern globalised work environment, it is crucial that we are able to work effectively with people from different backgrounds and with different perspectives. This self-paced course, designed in consultation with King's students, gives you the tools to help you create and sustain inclusive environments.

SUPPORT FROM KING'S LIBRARIES & COLLECTIONS

Library Services provide a range of interactive e-learning materials for researchers through the **King's Learning and Skills Service (KLaSS)**. Modules include literature searching, understanding and avoiding plagiarism, and specialised search skills for systematic reviews.

The **Research Support site** contains extensive guidance on how King's Libraries and Collections can support your project, with information on copyright considerations, open access publishing, and managing your research data effectively.

Explore the full range of resources in this theme

NAVIGATING YOUR CAREER

Explore your options and develop your employability

HIGHLIGHTS – LIVE WORKSHOPS

What Researchers Offer – Understanding and Communicating your Professional Value

PGR296

Researchers are highly skilled and very employable but sometimes struggle with recognising their own skill and value and therefore also with communicating this to others in job applications or other settings (such as networking). In this workshop, we'll provide you with some frameworks for analysing your knowledge, attributes, skills and experience and then move on to thinking about how best you can communicate them effectively and persuasively.

Inside Academia: Understanding the UK Higher Education System

PGR267

The UK Higher Education system can look very complicated, even when you work inside it. To an outsider it can look baffling. In this online workshop we'll take an in depth look at how UK universities are set up, what the differences are between them and to choose the right sort of institution for your career aims. Everyone is welcome but this session will be especially useful for researchers from outside the UK who are considering or planning an academic career.

Beyond Academia: Career Opportunities and Ideas for Researchers

PGR339

If you're contemplating making the big leap out of academic life then this workshop is for you. We'll look at the range of opportunities open to you, how to find and research them, how to match your skills and experience and how to communicate effectively in networking, application and selection processes. gives you the tools to help you create and sustain inclusive environments.

HIGHLIGHTS – ON-DEMAND COURSES

Advancing in Academia series (KEATS)

Arts & Humanities

Health Sciences

Social Sciences & Public Policy

Health Professional Researchers

Natural, Mechanical & Engineering Sciences

What are the realities of an academic career? What does it take to make the transition from a PhD or a fixed-term teaching or research role to an academic job? Learn from people who recently made that transition, and senior academics making recruitment and funding decisions.

CAREERS SUPPORT FOR RESEARCHERS

In addition to workshops and one-to-one support on offer, the **Careers Support for Researchers KEATS pages** are designed to provide practical resources to support your career development and aspirations. Highlights include the Careers In Your Ears podcast – hear how researchers manage their careers and succeed in many different sectors.

Explore the full range of resources in this theme

THRIVING IN YOUR RESEARCH Cultivate healthy, efficient and effective professional practices

HIGHLIGHTS – LIVE WORKSHOPS

Staying Well During your PhD

PGR358

Undertaking a PhD is both an exciting and challenging experience. The excitement of working on something you care about, exploring new ideas and making a contribution to knowledge. The challenges of dealing with setbacks, uncertainty, or loss of motivation. This workshop draws on evidence-based strategies to help you stay well during your PhD.

Completing your PhD on time, on budget, and under control

PGR359

In this course, participants will be introduced to all stages of a project management process relevant to completing doctoral research, from planning a timeline, to breaking the overall project down into manageable tasks. It also covers how to prepare and what to do in case something goes wrong, and how to manage finances.

Time Management for Part-Time PhD students

PGR325 & PGR327

These workshops explore different time management tools and techniques and how they can be applied to your work as a part-time PhD student. They also provide opportunities to reflect, alongside other part-time researchers, on barriers to progress and how to work around them.

HIGHLIGHTS – ON-DEMAND COURSES

Practical Project Management for Research

PGR277B

This practical and pragmatic course provides the core skills and key principles of research project management, taking project management theory and distilling it into the key practical tools and techniques. We share our pragmatic, quick and easy approach to getting your research project under control and delivered on time.

Time Management Tips Weekly

[LinkedIn Learning](#)

Improve your productivity, get things done, and find more time for what's most important – this series provides actionable time management advice in just a few short minutes.

INTERNATIONAL PGR BUDDY SCHEME

Starting a doctorate can be daunting, particularly if you are an international student moving to a new country. The **International PGR Buddy Scheme** connects new international PGR students with more experienced peers. Keep a look out for our webinar which will provide key information on the support services available at King's for international PGR students.

Explore the full range of resources in this theme

CULTURE, ETHICS & COMMUNITY Build collaborative, inclusive and ethical research cultures

HIGHLIGHTS – LIVE WORKSHOPS

Research Integrity: The Fundamentals of Research Excellence at King's

RGE1

This short, introductory workshop is designed to strengthen participants' understanding of research integrity, its application to their research, and its significance within a wider national and international context.

How to Understand Yourself and Others in Research Groups

PGR275

Diverse teams produce the best work together, yet we also know it can be difficult to work with people who think and work very differently from us. In this session, you will have the opportunity to self-assess your own personality preferences and become more conscious of how you tend to gain energy, take in information, make decisions and approach planning.

Cooperative Leadership: How to get People on Side

PGR323

Explore what leadership means within a research context. This course will be an opportunity to reflect on your own leadership style and identify opportunities to develop your leadership skills further.

HIGHLIGHTS – ON-DEMAND COURSES

Cultural Competency Kickstarter

KEATS

How do our backgrounds influence our reactions to the world? What's the value in communicating across cultures, communities, identities, and disciplines? Find out in our Cultural Competency Kickstarter! Cultural competency is about seeing the world through the lens of other people, in all their diversity. Actively developing culturally competent mindsets and attitudes is core to your education and the experiences you will have at King's.

COMING SOON: INTRODUCTION TO RESEARCH ETHICS AT KING'S

An introduction to Research Ethics, the process of applying for ethical clearance at King's and how you can get additional support as you prepare and complete your ethical clearance application. There will be time for Q&A at the end of the session.

Explore the full range of resources in this theme

HIGHLIGHTS – LIVE WORKSHOPS**Analysing Qualitative Data**

PGR316

Issues covered will include: the analyst's perspective (the aims and nature of their engagement with the data), coding systems, how to choose extracts for analysis in a systematic fashion, the meaning and importance of interpretation, generalising from qualitative findings and various write-up issues, including the relationship between the analysis and discussion sections of a qualitative report and the creation of impact.

A Comparison of Qualitative Methods

PGR337

This course will compare and contrast the aims, data collection preferences, analytic style, limitations and appropriate usage of four different qualitative methods – grounded theory, thematic analysis, interpretative phenomenological analysis and narrative analysis – in order to identify the types of research questions to which each method is best suited.

Managing Research Data

LIB842

An introduction to research data management that aims to equip researchers with the knowledge and skills they need to manage data more effectively in order to meet the expectations of the university, funders and publishers, and to reduce the risk of breaching legislation and codes of conduct.

HIGHLIGHTS – ON-DEMAND COURSES**Introduction to statistics for researchers**

KEATS

Designed for researchers who have little understanding of statistical methods and wish to apply statistical techniques in practice; introduces fundamental statistical concepts, statistical procedures and tests, and SPSS basics.

Learn to Master R Programming for Research

Sage Campus

This detailed learning pathway begins with an overview of the basic R commands and data structures for manipulating data. Learners will progress to generating inferences using quantitative statistical methods, eventually presenting data in an engaging and visual way.

COMING SOON: QUANTITATIVE RESEARCH METHODS SERIES

A series of live workshops which will cover the fundamentals of quantitative research, including how to approach collecting, storing, processing and visualising your quantitative data. It will also explore a range of statistical methods, helping you to identify which would be most appropriate to apply in your own research.

Explore the full range of resources in this theme

SPEAKING & PRESENTING Communicate your research confidently to different audiences**HIGHLIGHTS – LIVE WORKSHOPS****Public Speaking for Research Students & Staff**

PGR185

Researchers can make as much of an impact from what they say as they can from what they write, whether it be through teaching, conferences or job presentations. This workshop takes participants through how to structure a speech, the use of appropriate language and imagery, audio-visual aids and how to master the Q & A, as well as relaxation and breathing techniques to calm nerves.

Fundamentals of Designing a Poster Presentation

PGR113

Preparing and giving poster presentations at conferences and other academic meetings is a common task for doctoral researchers to undertake. In this workshop you will learn about what makes an engaging and effective research poster. There will be a focus on how you can make your poster visually appealing whilst still effectively communicating your research through the use of text and graphics.

HIGHLIGHTS – ON-DEMAND COURSES**Present Your Research**

Sage Campus

Develop the confidence, skills and communication strategies to present your research in an impactful and meaningful way with this four-hour self-paced course.

The Good Presentation Video

KEATS

This half-hour video has been developed with an experienced voice and presentation coach to help postgraduate researchers improve their presentation skills. It will build students' confidence as well as their skills in a task which many find daunting.

THREE MINUTE THESIS COMPETITION

PGR600

This competition is open to any King's student studying for a PhD or other doctorate. The rules are simple: explain your research to a non-specialist audience in three minutes. The winners will be decided by a panel of judges. A series of heats will be held in Spring, with winning contestants from each heat going forward to the King's Three Minute Thesis Grand Final, and the winner invited to represent King's at the National Semi-Finals.

**Explore the full range of resources
in this theme**

HIGHLIGHTS – LIVE WORKSHOPS**Clear & Concise Academic Writing**

PGR269

This course will offer many tips for writing clearly and concisely that can help you cut words from your drafts and communicate your ideas more clearly. It will cover topics such as: cutting excess words; making the verb work; letting the argument flow; avoiding ambiguity; and using an appropriate tone.

Writing a Literature Review for the Arts, Humanities and Social Sciences

PGR258

Writing a Literature Review for the Sciences

PGR259

Most research needs some kind of literature review, although its nature and position can vary. This session will cover different ways of handling literature reviews, while also identifying the core feature of all good literature reviews, which is to help you justify your approach, by identifying what is good, bad and missing in the literature.

Turbocharge your Writing

PGR270

Learn the secret to high output, low stress scholarly writing, using clear and practical strategies that can greatly increase your writing productivity.

HIGHLIGHTS – ON-DEMAND COURSES**Efficient and Effective Academic Reading**

KEATS

Reading is perhaps the most important academic skill that we possess. But when was the last time you learned anything that made you a better reader? This course will examine core facets of reading, pose some questions about your reading habits and suggest some simple models, tips, and techniques to hone your reading speed and comprehension.

Choosing the Right Referencing Software

King's Libraries & Collections

Bibliographic software like Mendeley, EndNote, or Zotero can save you significant time and effort, helping you to keep track of your reading and incorporating it into your writing. This simple resource will help you find the software that best suits your needs.

DEVELOP YOUR ENGLISH LANGUAGE SKILLS: ACADEMIC WRITING AND SPEAKING SKILLS FOR PGR STUDENTS

PGR333

This 10-part live workshop series is designed for PGR students with English as an additional language (EAL) and will provide the foundations for accurate and appropriate written communication of your doctoral research. It will help you gain skills for effective writing on a sentence and paragraph level, and to demonstrate criticality through writing.

Explore the full range of resources in this theme

HIGHLIGHTS – LIVE WORKSHOPS**Writing for Publication in the Arts & Humanities**

PGR260

Publication Strategies and Tactics for the Social Sciences

PGR262

Writing and Publishing Scientific Research Paper

PGR361

These workshops are designed to give researchers an introduction to conventions and effective practices for publishing in their disciplinary areas. Topics covered include structuring papers, approaching publishers, and responding to reviewer feedback.

Introduction to Public Engagement

PGR322

This session will help you develop skills and an understanding of public engagement with research, as well as helping you to consider possible public engagement you can carry out with your own research, through our public engagement small grants scheme.

HIGHLIGHTS – ON-DEMAND COURSES**Learn to Write a Journal Article That Will Get Published**

Sage Campus

This learning pathway teaches an overview of writing and formatting a journal article, giving examples and strategies to structure and finalise a high-quality paper. Researchers will be taught how to navigate the peer review process and respond to feedback in order to increase the chances of getting accepted for publication.

Scientific Writing and Publishing

Nature Masterclasses

Taught by editors from the Nature Research journals, this three-part online course will help you write and publish a great scientific research paper.

KING'S ENGAGED RESEARCHER NETWORK (KERN)

KERN supports a growing community of King's staff and students interested in carrying out public engagement in all its many forms. The network runs training, offers advice and sends a monthly newsletter detailing opportunities to get involved.

Explore the full range of resources in this theme

Focus on... Teaching



Professional Development for Graduate Teaching Assistants

King's Academy is dedicated to supporting staff in teaching and all aspects of education. Their GTA Development Programme includes a range of courses and resources to prepare Graduate Teaching Assistants for their roles and help them to become skillful and reflective teachers.

- ♦ The GTA One Stop Shop, a dedicated KEATS site containing a wealth of information, resources, and links. It contains guidance on planning teaching, dealing with common problems and pastoral care, FAQs, and details of the Professional Development available for GTAs.
- ♦ A programme of workshops for GTAs of all levels of experience which is regularly updated.
- ♦ Support for GTAs with at least one year's teaching experience to apply for recognition by the Higher Education Academy (HEA), normally at Associate Fellowship level.

You can find out more at internal.kcl.ac.uk/kingsacademy

The Brilliant Club

The Brilliant Club is an external, not-for-profit organisation specialising in training and supporting doctoral students to support pupils from under-represented backgrounds to progress to highly-selective universities.

- ♦ The Scholars Programme is a competitive development programme that equips researchers to deliver university-style tutorials based on their own research. Researchers are paid for each placement they undertake.

You can find out more at thebrilliantclub.org

Focus on... Research Culture



King's is committed to promoting a transparent, supportive, inclusive and engaging research culture. This means focusing not just on research outcomes, but on how we conduct quality, open research and all work together effectively, following core values of fairness, inclusivity, collegiality, respect and appreciation.

Research Governance, Ethics & Integrity

The department of Research Governance, Ethics & Integrity (RGEI) is committed to enabling researchers to achieve research excellence. They support the King's research community to ensure that all research conducted is safe, lawful, and of the highest standards of integrity and rigour.

The Department is responsible for developing and monitoring relevant College policies. They also provide further guidance and training to all researchers across the university in governance, ethics, and integrity matters.

You can find out more at kcl.ac.uk/rgei

King's Community Networks

A wide range of community networks operate across King's, providing support to staff and PGRs with particular protected characteristics and helping them to develop a sense of community, particularly through shared experience. They are also a great way to make friends and to participate in key decision-making and strategic-level processes.

- **Proudly King's**, the King's College London LGBTQ+ Staff Network
- **Elevate**, the King's Gender Equality Network
- The **Race Equality Network** (REN) at King's
- **NEST**, the (N)etwork to (E)ngage, (S)upport & bring (T)ogether Parents and Carers @ King's
- **Access King's**, the King's disability inclusion network for PGRs and staff

You can find out more at kcl.ac.uk/professional-services/diversity/networks

Focus on... Wellbeing



At the Centre for Doctoral Studies (CDS), we recognise that researching and writing a PhD is a rewarding but demanding undertaking. Setting aside time to look after your physical and mental health is important, and King's provides a range of resources to maintain your wellbeing.

The PGR Disability Support Hub

The hub aims to share information, advice and guidance to both PGRs and supervisors about reasonable adjustments, interruptions and exemptions as well as case studies from PGR students, FAQs and contacts for key services who can help you navigate your PhD as a disabled, chronically ill and/or neurodiverse student.

You can find out more here

The PGR Wellbeing Hub

Designed to help you locate resources and services available to King's postgraduate researchers, the PGR Wellbeing Hub gathers links, resources, and advice from across the College. Some highlights include:

- Who is here to help? An overview of the extensive wellbeing support services at King's.
- Communities, groups, and social events – explore some of the ways you can connect with your fellow PhD researchers, from reading groups to peer support networks.
- Free and confidential support from Counselling & Mental Health Support for a wide range of personal, emotional, and mental health issues, through counselling, groups, workshops, and more.

You can find out more at tinyurl.com/pgrwh

Focus on... Entrepreneurship



The King's Entrepreneurship Institute believes everyone has the ability to be entrepreneurial, whether that's through starting your own business or by being an innovator in your chosen field. They offer a range of free opportunities, events and competitions to help you become a disruptive thinker, a compelling leader, and an effective team builder, including the following four live, in-person workshops.

Masterclass in Compelling Communications

PGR198

By honing your compelling communication skills, you will be able to convey your research effectively to any audience. This masterclass will provide you with the essential tools needed to differentiate yourself among fellowship funding applications and panel interviews, both in academia and outside of academia.

Masterclass in Team Dynamics

PGR335

Learn the fundamentals of team dynamics and work in effective and diverse teams that foster innovative thinking and behaviour. We will cover the hallmarks of high performing teams, the importance of shared vision and how to manage constructive conflict. Participants will understand the value of working collaboratively to benefit research and maximise impact.

Masterclass in Personal Effectiveness

PGR336

This masterclass will teach the fundamentals of a growth mindset and personal resilience through identifying common mental blocks and creating positive working and thinking habits to address them. Learn time management techniques to assist with the proactive planning and prioritising of research and grow your confidence at navigating unexpected results or roadblocks.

Masterclass in Disruptive Thinking: Up-Level your Impact

PGR197

The skill of disruptive thinking will help you grow as an academic by enabling you to develop and explore new problems and engage with existing ones in creative, novel ways. This masterclass will provide you with the essential tools to test boundaries and confidently pioneer new ways of approaching things that challenge the status quo.

You can find out more at kcl.ac.uk/entrepreneurship

Additional development opportunities



Health Sciences Doctoral Training Centre (HSDTC)

- ♦ Additional training and development for all doctoral research students based in the four King's health faculties.
- ♦ Opportunities for collaboration via networking events, funding opportunities, and peer mentoring.

You can find out more at kcl.ac.uk/healthsciences

King's Clinical Academic Training Office (KCATO)

- ♦ Advice, best practice and information on navigating a clinical academic career.
- ♦ Bespoke training and development for all health professionals across all stages of their research careers, to support King's ambition to build a thriving pipeline of research-active health professionals.

You can find out more [here](#)

London Interdisciplinary Social Science Doctoral Training Partnership (LISS DTP)

- ♦ Studentships, training, and other support for doctoral researchers working in the social sciences.
- ♦ An extensive programme of short courses covering quantitative and qualitative methods, social theory, digital methods, and knowledge exchange, open to all social science PhD students, not just those holding studentships.

You can find out more at liss-dtp.ac.uk

Bloomsbury Postgraduate Skills Network (BPSN)

- ♦ All King's research students can access additional courses run by other London institutions.
- ♦ The members of the Bloomsbury Postgraduate Skills Network share a selection of places on their internal courses with other members of the network.

You can find out more [here](#)

We hope you'll enjoy engaging with the extensive development opportunities available here at King's.

If you have any queries, suggestions, or would like to discuss your training needs further, please get in touch with us via **doctoraltraining@kcl.ac.uk**.

The Doctoral Student Environment & Development team

New opportunities are offered throughout the year – bookmark our homepage for the latest information: kcl.ac.uk/doctoraltraining



Advancing in Academia helped me understand the academic job market much better than I had before and made me aware of aspects of the job search and applications which I had not previously thought about. Donald (Careers Consultant) was amazing at giving expert advice that was equally practical as well as empathetic, and he invited brilliant academic guest speakers as well. **Anja | German**

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