
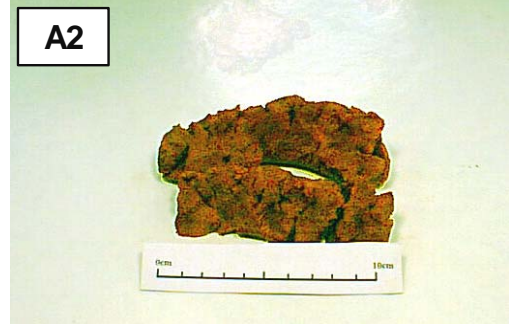







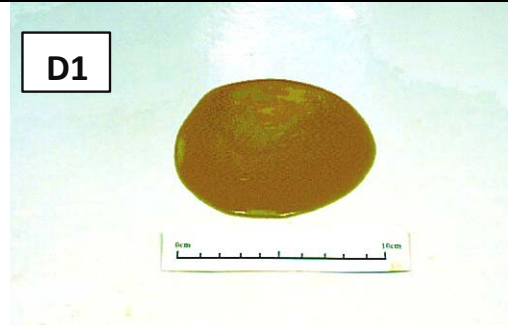
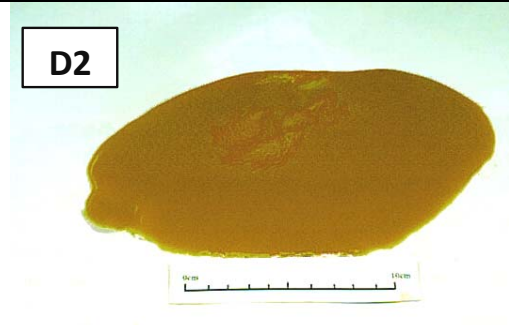
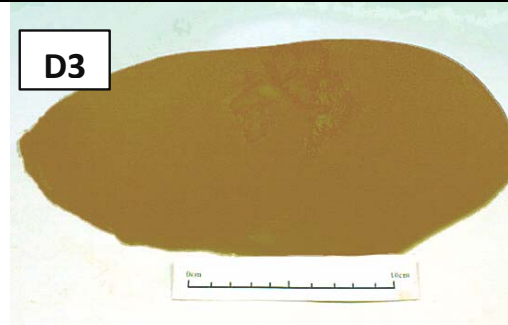


	(1) Less than 100g	(2) Between 100 – 200g	(3) More than 200g
<b>(A) Hard &amp; Formed</b> - hard or firm texture - retains a definite shape - like a banana a cigar or marbles	<b>A1</b> 	<b>A2</b> 	<b>A3</b> 
<b>(B) Soft &amp; Formed</b> - retains general shape - like peanut butter	<b>B1</b> 	<b>B2</b> 	<b>B3</b> 
<b>(C) Loose &amp; Unformed</b> - lacks a shape of its own - may spread easily - like porridge or thick milkshake	<b>C1</b> 	<b>C2</b> 	<b>C3</b> 
<b>(D) Liquid</b> - runny - like water	<b>D1</b> 	<b>D2</b> 	<b>D3</b> 

# King's Stool Chart

© 2001 King's College London

[www.kcl.ac.uk/stoolchart](http://www.kcl.ac.uk/stoolchart)

## Instructions for use

1. First, consider the **consistency** of the stool by comparison with both the verbal and photographic descriptors (A, B, C, D).
2. Then, consider the **weight** of the stool by comparison with the photographic descriptors (1, 2, 3). Compare the size of the stool, using the life size 10 cm scale, and compare it to the 10 cm scale on each photographic descriptor.
3. Record the **frequency** of stool over a 24 hour period.
4. Any **other characteristics** of stool output that are considered to be important must also be recorded e.g. incontinence, colour etc.

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