

# 10 recommendations to improve health and social care for LGBT people with advanced illness

## 5 recommendations for individual health and social care professionals

1



Avoid using heterosexually framed or assumption-laden language

2



Demonstrate sensitivity in exploration of sexual orientation or gender history

3



Respect individuals' preferences regarding disclosure of sexual identity or gender history

4



Carefully explore intimate relationships and significant others, including biological and chosen family (friends)

5



Explicitly include partners and/or significant others in discussions

## 5 recommendations for health and social care organisations

6



Make clear statements of policies and procedures related to discrimination

7



Include content regarding LGBT communities in training on diversity and discrimination

8



Increase LGBT visibility in written materials and imagery

9



Provide explicit markers of inclusion

10



Initiate partnerships and/or engagement with LGBT community groups



Source: Bristowe K, Hodson M, Wee B, et al. Recommendations to reduce inequalities for LGBT people facing advanced illness: ACCESSCare national qualitative interview study. *Palliative Medicine*. 2018;32(1):23-35. doi:10.1177/0269216317705102

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