10 recommendations to improve health and social care for LGBT people with advanced illness

5 recommendations for individual health and social care professionals

- 1. Avoid using heterosexually framed or assumption-laden language
- 2. Demonstrate sensitivity in exploration of sexual orientation or gender history
- 3. Respect individuals' preferences regarding disclosure of sexual identity or gender history
- 4. Carefully explore intimate relationships and significant others, including biological and chosen family (friends)
- 5. Explicitly include partners and/or significant others in discussions

5 recommendations for health and social care **organisations**

- 1. Make clear statements of policies and procedures related to discrimination
- 2. Include content regarding LGBT communities in training on diversity and discrimination
- 3. Increase LGBT visibility in written materials and imagery
- 4. Provide explicit markers of inclusion
- 5. Initiate partnerships and/or engagement with LGBT community groups

Source: Bristowe K, Hodson M, Wee B, et al. Recommendations to reduce inequalities for LGBT people facing advanced illness: ACCESSCare national qualitative interview study. Palliative Medicine. 2018;32(1):23-35. doi:10.1177/0269216317705102





