

# Inclusion & Awareness Calendar

**2024**



# Calendar Guide

## Calendar overview

The following calendar outlines numerous equality, diversity, inclusion (EDI) and wellbeing related notable dates which may be celebrated, marked and or acknowledged by our university community. Please click [here](#) for an accessible version of the calendar on sharepoint, complete with information about each occasion which you can add to your calendar.

## Provisional and tentative dates

Some of the dates are provisional where they are based on the lunar calendar and/or sighting of the moon. King's recognise that in the case of most of the faiths concerned there are various ways of spelling the same word. This is because of the range of languages (and alphabets) of the original terms. Some dates may also vary and the date of local celebrations may differ. Please note that all Jewish Festivals start the night before the dates highlighted in this calendar. Some dates included have been marked as tentative due to dates not yet being confirmed for 2024.

## Religious observances

Please click [here](#) for religious observances which may impact on university activities.

## Notable dates

At King's we want our EDI & Wellbeing Calendar and events to reflect our international community of staff & students, therefore, if you feel something is missing, please contact the EDI team: [diversity@kcl.ac.uk](mailto:diversity@kcl.ac.uk)

# January

Veganuary

Dry January

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

## Notable Dates

- 4th: World Braille Day
- 7th: Orthodox Christmas
- 10th: Lunar New Year
- 14th: Makar Sankranti (Hindu Dharma)
- 15th: Blue Monday
- 16th: Martin Luther King Jr. Day
- 17th: Birthday of Guru Gobind Singh (Sikhism)
- 21st: World Religion Day,
- 24th: Moebius Syndrome Awareness Day
- 27th: International Holocaust Remembrance Day, Parent Mental Health Day
- 28th: Data Privacy Day, World Leprosy Day

# February

National Heart Month

Reynaud's Awareness Month

LGBTQ+ History Month

Climate & Sustainability Month

M	T	W	T	F	S	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	1	2	3

## Notable Dates

- 1st: Time to Talk Day, World Hijab Day, National Girls and Women in Sport Day, Imbolc/Candlemas (Paganism)
- 1st-7th: World Interfaith Harmony Week
- 4th: World Cancer Day
- 5th-11th: Race Equality Week, Children's Mental Health Week, Tinnitus Awareness Week, Sexual Abuse and Sexual Violence Awareness Week
- 6th: Safer Internet Day
- 7th: National Girls and Women in Sport Day
- 10th: Lunar New Year/Spring Festival
- 11th: International Day of Women and Girls in Science
- 13th: Shrove Tuesday (Christianity/ Western)
- 14th: Start of Lent/ Ash Wednesday (Christianity/Western)
- 15th: Parinirvana (Mahayana Buddhism)
- 17th: Random Acts of Kindness Day
- 19th-25th: Aromantic Spectrum Awareness Week
- 20th: World Day of Social Justice, International Epilepsy Day
- 23rd: International Stand Up to Bullying Day
- 24th: Magha Puja (Buddhism)
- 26th: Ayyam-i-Ha – The Intercalary Days (Bahá'í)
- 28th: Rare Disease Day, Eating Disorder Awareness Week (until 5th March)

# March

Bisexual Health Awareness Month

Endometriosis Action Month

Women's History Month UK

M	T	W	T	F	S	S
26	27	28	29	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## Notable Dates

1st: Disability Day of Mourning, International Wheelchair User Day, Nineteen-Day Fast (Bahá'í, until 19th), Zero Discrimination Day

3rd: World Hearing Day

4th-9th: National Careers Week

8th: International Women's Day, Maha Shivaratri (Hindu Dharma)

10th: Ramadan (Islam, until 8th April), Mother's Day, World Glaucoma Week (until 16th)

11th-17th Nutrition and Hydration Week, Sign Language Week (tentative)

12th: My Whole Self Day

13th: No Smoking Day

13th-19th: Brain Awareness Week

14th: University Mental Health Day

15th: International Day to Combat Islamophobia, Great British Spring Clean (until 31st)

16th: Disabled Access Day

17th-22nd: Higan-e (Jodo Shinshu—Japanese Buddhism)

18th: World Sleep Day

18th-24th: Neurodiversity Celebration Week

20th: International Day of Happiness, Naw-Rúz (Bahá'í), Norouz (Persian New Year), Spring/Vernal Equinox (Paganism)

21st: International Day for the Elimination of Racial Discrimination, Single Parents Day, World Down Syndrome Day

23rd: National Day of Reflection (Covid), Purim (Jewish)

25th: Functional Neurological Disorder Awareness Day, Holi (Hindu)

26th: Epilepsy Awareness Day (purple day), Hola Mohalla (Sikh)

27th: World Autism Acceptance Week (until 2nd April)

29th: Good Friday (Christian/Western)

30th: World Bipolar Day

31st: Transgender Day of Visibility, Easter Sunday (Christian/Western)

# April

Bowel Cancer Awareness Month

Autism Acceptance Month

Functional Neurological Disorder (FND) Awareness Month

Parkinson's Awareness Month

Stress Awareness Month

Carers Active April

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

## Notable Dates

- 1st-7th: World Autism Acceptance Week
- 2nd: World Autism Awareness Day
- 5th: Walk to Work Day
- 7th: World Health Day
- 10th: Eid al-Fitr (Islam)
- 11th: World Parkinson's Day
- 11th-17th: Parkinson's Awareness Week
- 13th: Vaisakhi (Sikhism)
- 16th: World Voice Day
- 17th: Rama Navami (Hinduism)
- 18th: Non-binary Parents Day
- 20th: Ridvan (Baha'i) (until 2nd May)
- 22nd: Stephen Lawrence Day, Earth Day
- 22nd-28th: MS Awareness Week (tentative)
- 23rd-30th: Passover (Judaism)
- 25th: Global Intergenerational Week (until 1st May)
- 26th: Lesbian Visibility Day, International Guide Dog Day
- 28th: World Day for Safety and Health at Work, Stop Food Waste Day

# May

Action on Stroke Month

Hepatitis Awareness Month UK

National Walking Month

Celiac Awareness Month

National Share a Story Month

Sun Awareness Month

Tourette's Awareness Month

M	T	W	T	F	S	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

## Notable Dates

- 1st: Beltane – May Day (Pagan)
- 3rd: Good Friday (Orthodox Christian)
- 5th: Easter (Orthodox Christian)
- 6th: Yom Ha-Shoah/Holocaust Remembrance Day (Judaism)
- 6th-12th: Dying Matters Awareness Week, Maternal Mental Health Week (tentative)
- 7th-13th: Deaf Awareness Week
- 8th: National Day of Staff Networks
- 10th: World Lupus Day
- 10th-17th: Men's Health Awareness Week
- 12th: International ME Awareness Day
- 13th-19th: Black Inclusion Week, Mental Health Awareness Week, Coeliac Disease Awareness Week, Face Equality Week (tentative)
- 15th: International Day of Families
- 16th: Global Accessibility Awareness Day
- 17th: International Day Against Homophobia, Transphobia and Biphobia, Spinal Cord Injury Awareness Day (tentative)
- 20th-26th: Type 2 Diabetes Prevention Week (tentative), Dementia Awareness Week, Epilepsy Awareness Week (tentative)
- 21st: World Day of Cultural Diversity
- 22nd: Vesakha Puja/Buddha Day (Buddhism)
- 23rd: Declaration of the Báb (Bahá'í)
- 25th: George Floyd's Anniversary
- 30th: World Multiple Sclerosis Day

# June

Motor Neurone Disease  
Awareness Month

Stillbirth & Neonatal Death  
Awareness Month

LGBTQ+ Pride Month

Gypsy, Roma and Traveller  
History Month

Cataract Awareness Month

M	T	W	T	F	S	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## Notable Dates

- 1st: Global Day of Parents
- 1st-7th: Volunteers Week
- 7th: Tourette's Awareness Day
- 8th: Global Wellness Day
- 10th-14th: British Nutrition Foundation Healthy Eating Week
- 10th-16th: Bike Week, National Carer's Week, Diabetes Awareness Week, Global Inclusion Week, Loneliness Awareness Week, Men's Health Week
- 12th-13th: Shavuot (Judaism)
- 14th: World Blood Donor Day
- 14th-19th: Hajj (Islam)
- 16th: Father's Day, Martyrdom of Guru Arjan Dev (Sikhism)
- 16th-17th: Eid al-Adha (Islam)
- 16th-19th: Eid ul-Adha (Islam)
- 17th: International Father's Mental Health Day
- 17th-23rd: Learning Disability Week, Refugee Week, Cervical Screening Awareness Week
- 18th Autistic Pride Day
- 19th: Juneteeth (USA)
- 20th: National Clean Air Day, World Refugee Day, Midsummer Solstice (Paganism)
- 21st: World Humanist Day, Reserves Day
- 22nd: Windrush Day, Armed Forces Day
- 24th-30th: Deafblind Awareness Week, World Wellbeing Week



# July

Make a Difference to Children Month

International Women with Alopecia Month

Disability Pride Month

Talk to Us Month

South Asian Heritage Month  
(18th July-17th August)

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

## Notable Dates

- 1st-7th: Alcohol Awareness Week, Health Information Week (tentative)
- 6th: Omnisexual Visibility Day
- 7th: Al-Hijra/Islamic New Year (Islam)
- 9th: Martyrdom of the Báb (Bahá'í)
- 12th: Malala Day
- 14th: International Non-binary People's Day, Disability Awareness Day
- 15th: World Youth Skills Day
- 16th-17th: Ashura (Shia Muslim)
- 17th: World Day for International Justice
- 18th: Nelson Mandela International Day
- 21st: Dhamma Day (Buddhism)
- 24th: International Self-Care Day, Samaritan's Awareness Day
- 25th: National Schizophrenia Awareness Day
- 30th: International Day of Friendship

# August

Health & Safety Month

Psoriasis Awareness Month

Children's Eye Health & Safety Month

M	T	W	T	F	S	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

## Notable Dates

- 1st: International Child-Free Day, Lammas/Lughnasadh (Paganism)
- 1st-7th: World Breastfeeding Awareness Week
- 3rd: Cycle to Work Day
- 4th-10th: International Assistance Dog Week (tentative)
- 9th: International Day of the World's Indigenous Peoples
- 12th: International Youth Day
- 13th: International Left Handers Day, Tisha B'Av (Judaism)
- 18th: Never Give Up Day
- 19th: Raksha Bandhan (Hindu)
- 25th: UK Black Pride
- 26th: Krishna Janmashtami (Hinduism), Arbaeen (Shia Muslim)
- 30th: Grief Awareness Day
- 31st: Paryushana (Jainism, until 7th September)

# September

Sickle Cell Awareness Month

Childhood Cancer Awareness Month

Blood Cancer Awareness Month

World Alzheimer's Month

East and South East Asian  
Heritage Month

Latin American Heritage Month

M	T	W	T	F	S	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## Notable Dates

2nd-8th: Know your Numbers Week (tentative)

5th: International Day of Charity

8th: Samvatsari International Forgiveness Day  
(Jainism)

10th: World Suicide Prevention Day

11th: Ethiopian New Year (Rastafari)

13th: World Sepsis Day

15th: World Afro Day

16th-22nd: World Childless Week, Organ  
Donation Week

17th: World Patient Safety Day

18th: International Equal Pay Day, National  
Fitness Day (tentative)

19th: Youth Mental Health Day

21st: World Alzheimer's Day, International Day  
of Peace

22nd: Mabon – Autumn Equinox (Pagan)

23rd: Bi-visibility Day, International Day of  
Sign Languages

23rd-27th: International Week of Happiness at  
Work

23rd-29th: National Eye Health Week,  
International Week of Deaf People (tentative),  
Black Maternal Mental Health Week, UK  
National Inclusion Week

29th: World Heart Day

## Notable Dates

- 1st: International Day of Older Persons
- 2nd: International Day of Non-Violence
- 3rd-4th: Rosh Hashanah (Judaism)
- 7th-11th: National Work Life Week
- 7th-13th: Dyslexia Awareness Week (Tentative), Dyspraxia Awareness Week
- 8th: International Lesbian Day
- 9th-15th: Baby Loss Awareness Week
- 10th: World Mental Health Day, World Sight Day
- 10th-16th: OCD Awareness Week
- 11th: World Coming Out Day
- 12th: Yom Kippur/Day of Atonement (Judaism)
- 15th: Pregnancy and Infant Loss Remembrance Day
- 16th: World Spine Day, International Pronoun Day
- 17th-23rd: Sukkot (Judaism)
- 18th: Anti-Slavery Day, World Menopause Day, World Values Day, Wear Red to Work Day (tentative)
- 20th: Birth of the Báb (Bahá'í), Osteoporosis Day
- 20th-26th: Asexual Awareness Week (Ace Week), Invisible Disabilities Week
- 21st-27th: National Adoption Week
- 22nd: International Stuttering/Stammering Awareness Day
- 24th-25th: Shemini Atzeret (Judaism)
- 25th: Simchat Torah (Judaism)
- 26th: Intersex Awareness Day
- 27th: World's Biggest Coffee Morning (tentative)
- 28th: National Fertility Awareness Week, International Stress Awareness Week (until 3rd Nov)
- 31st: Samhain – end of harvest/beginning of winter (Pagan), Diwali (until 4th Nov)

# October

ADHD Awareness Month

Black History Month

Breast Cancer Awareness Month

Down Syndrome Awareness Month

Global Diversity Awareness Month

National Cholesterol Month

Sober October

Stoptober

M	T	W	T	F	S	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

# November

Islamophobia Awareness Month

Movember (Men's Health)

Transgender Awareness Month

UK Disability History Month

M	T	W	T	F	S	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

## Notable Dates

- 1st: National Stress Awareness Day, Bandi Chhor Divas (Sikhism)
- 8th: Intersex Day of Remembrance
- 10th-17th: Interfaith Week (tentative)
- 11th-17th: Self-Care Week (tentative), Transgender Awareness Week (tentative)
- 11th: Remembrance Day
- 11th-15th: Anti-Bullying Week (tentative)
- 13th: World Kindness Day
- 14th: World Diabetes Day
- 15th: Birthday of Guru Nanak (Sikhism)
- 16th: World Chronic Obstructive Pulmonary Disease Day, International Day of Tolerance
- 19th: International Men's Day
- 20th: Transgender Day of Remembrance
- 25th: International Day for the Elimination of Violence Against Women

# December

Universal Month for Human Rights

Decembeard (Bowel Cancer UK)

Spiritual Literacy Month

M	T	W	T	F	S	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## Notable Dates

1st: World Aids Day

2nd: International Day for the Abolition of Slavery

2nd-6th: National Grief Awareness Week

3rd: International Day of Persons with Disabilities

8th: Pansexual Pride Day, Rohatsu/ Bodhi Day (Buddhist)

10th: Human Rights Day

18th: International Migrants Day

20th: International Human Solidarity Day

21st: Yule – Winter Solstice (Pagan)

25th: Christmas Day (Western/Christianity)

26th: Hanukkah (Judaism, until 2nd Jan), Boxing Day