

# Can you help with a research study about the preventive role of social care for older people living alone in south London?

## Why are we doing this research?

Health and wellbeing monitoring is often routinely done by people working and volunteering in services. We want to find out what triggers staff and volunteers to act when they notice something out of the ordinary and what they do next. We also want to find out how useful this work is for people working elsewhere in social care and the NHS.

## Can you take part?

**Yes!**

**We are looking for people who:**

**\* work or volunteer in a service that supports older people who live alone at home:**

- **delivered at-home** (home care services)
- **delivered in the community** (lunch clubs for people from Black, Asian and minority ethnic backgrounds, Men's Sheds, befriending or bereavement support groups)

**\* work in the NHS or social care and interact with social care services that support older adults who live alone at home**

- e.g. in a GP practice, care navigator, social prescribing link worker, occupational therapist, commissioner.

## What would you have to do?

**Service staff and volunteers** would take part in an interview (online or in-person – your choice) lasting around 45 minutes. We will ask you about the care and support you provide, judgements you make and actions you take to maintain the health and wellbeing of older adults who live alone at home.

**People working in the NHS or social care** would take part in a one-hour virtual focus group with a maximum of 3 other participants and up to 2 members of the research team. We will explore the value and role of services' monitoring work to you in your work.

## Do you get anything in return?

Some people enjoy taking part in research. We will offer all participants a £20 voucher as thanks for taking part.



## How can you find out more?

Please **scan the QR code** here to register your interest and request more information - **or contact Kritika Samsi** if you are interested in taking part or have any questions: [kritika.1.samsi@kcl.ac.uk](mailto:kritika.1.samsi@kcl.ac.uk), 020 7848 1782.